



Simply **Indulgent**
Simple Skin Therapy

Treatment Menu

At Simply Indulgent our focus is on skin. We provide skin treatments for men, women and teens who want results.

Your experience at Simply Indulgent is very personal, we take the time to understand you, your health, your lifestyle and your skin concerns. Whether you are concerned about pigmentation, age spots, lines and wrinkles, red veins, rosacea, sensitised skin, or acne we will design a prescriptive treatment and skincare programme for you to begin the path to beautiful skin from the inside out.

Book now by visiting our website
www.simplyindulgent.co.nz or on **Facebook**



THE NEW ZEALAND ASSOCIATION OF

registered beauty therapists
INC.

When it comes to facial treatments that's our speciality. We often have clients say you choose you are the experts. Feel free to let us see your skin before we decide on the treatment to deliver the results you desire most. Choose an appointment for the value you wish to spend, and we can create a personalised treatment for you with either Dermalogica or Image Skincare.

Consultation / Facemapping 2.0
Redeemable on purchases over \$125.

45 min | \$45

Results Driven Luxury Facial Treatments

We tailor the treatment for Hydration, Sensitivity, Hyperpigmentation (age spots), or Acne

Pro-30

30 min | \$50

Pro-45

45 min | \$80

Pro-60

60 min | \$100 - \$135

Add on ingredients \$25.00 per enhancer

Antioxidant Age-Proofing Facial

1 hour | \$100

This comprehensive treatment combines Tri Vitamin C blend with AHA's, plant derived stem cell technology and deeply hydrating ingredients to treat redness, inflammation, dry/dehydrated and sun damaged skin. Perfect for the change of season.

Illuminating Facial

1 hour | \$140

A complex mix of ingredients and massage work to lighten, brighten, and illuminate tired skin. Perfect for those with dark spots and redness or in need of a pick me up.

The Max

1 hour | \$140

The ultimate treatment for 40+ When you leave you will know this ultra-effective facial has worked it's magic. Stem Cells and Peptides soften, nourish, protect and revitalise your skin leaving it plumped and bright.

O2 Luxury Oxygenating Facial

1 hour | \$130

Perfect for pregnancy, Mother of the Bride, Brides this facial treatment is relaxing, soothing leaving your skin smooth, illuminous and make up ready.

Combine with Dermal Planing for exquisite results.

Advanced Skin Treatments and Peels

Dermalogica Ion Active Treatment

45 min | \$135

Ideal for Hydration, Sensitivities, Pigmentation, and Acne

Facial Lifts and Peels

Facial Lifts treat unbalanced, sensitive, dry/dehydrated, pigmented, acne. Your skin will receive a deep exfoliation with a special combination of ingredients to rejuvenate, lighten and soften your skin. A series of 6 treatments is recommended and as your skin strengthens we can proceed with specific next level lifts and add on enhancers to treat your specific skin concerns.

Your first one hour treatment includes a consultation and a 7 Day Post Treatment Kit to rebalance your skin. Ongoing treatments are 35 minutes and include a 7 Day Post Treatment Kit.

First Treatment and Consultation

1 hour | \$150

Follow up Treatment

Level 1

35 min | \$145

Level 2

35 min | \$150

Level 3

35 min | \$160

Signature Eye Lift

35 min | \$110

Hydrates and reduces to effect of fines lines and wrinkles.

Be Clear Purifying Acne Lift

1 hour | \$135

This comprehensive treatment combats all grades of acne. Perfect for treating oily, acne and acne prone skin.

Be Clear Purifying Acne Peel

1 hour | \$145

A deep exfoliation to treat acne and reduce the appearance of scarring.

The Max Stem Cell Neck and Décolleté Lift

1 hour | \$140

Firming and toning, lifting and brightening aging skin.

The Max Stem Cell Neck and Décolleté Peel

45 min | \$150

A clinical treatment that firms and tones while targeting pigmentation, wrinkles, and lax skin on the neck and décolleté.

Add on Facial \$45.

Dermal Planing

45 min | \$95

This brightening treatment is simple and safe exfoliating while removing fine white vellus hair that affects many women especially in menopause. These hairs trap oil and debris leaving the skin dull. Your skin will look more radiant, feel smoother and your product will go further. Recommended for rough dry skin, superficial hyperpigmentation, mild acne scarring and fine lines and wrinkles. Can be carried out prior to most treatments especially lifts or peels for improved results.

Collagen Induction Therapy (or micro needling)

Refer to our website for details. This treatment is the best for rejuvenating or preventing aging skin. It is the most natural of all skin treatments encouraging the body's own defence system to heal your skin from within creating new collagen to strengthen, reduce the appearance of acne scarring, lines and wrinkles, pigmentation and redness.

Full Face	1 hour 15 min	\$295.00
Spot Treatment	1 hour	\$175.00
Face Neck and Décolleté	1 hour 45 min	\$470.00
Packages available on request		

Eye Treatments

Eyelash Tint	\$33
Eyebrow Tint	\$33
Eyebrow Shape	\$33
Eyelash Tint, Eyebrow Shape and Tint	\$47
Eyebrow Shape and Tint	\$40
Eyelash Tint and Eyebrow Shape	\$40
Eyelash and Eyebrow Tint	\$40

Waxing and Hair Removal

Lip or Chin Wax	\$25
Underarm Wax	\$25
Bikini Wax	\$35
Extended Bikini Wax	\$40
Brazilian (First time)	\$75
Brazilian 4-6 weekly	\$55
Half Leg Wax	\$37
Full Leg Wax	\$75
Full Leg and Bikini Wax	\$90
Arm Wax	\$30 - \$50

Electrolysis | Red Vein and Skin Tag Removal

For the removal of hair on the chin, upper lip, naval and bikini line. This procedure can take perseverance over a number of months to ensure success as hair grows in different cycles.

Consultation with 15 minutes of Electrolysis	\$45
15 mins	\$35
30 mins	\$45

Electrolysis Package

Purchase 5 x 15 minute treatments and get one treatment free \$175

Red Vein and Skin Tag Removal \$50

Massage

Back, Neck and Shoulders	30 min	\$50
Full Body Swedish or Sports Massage	1 hour	\$85
Buff Body Massage	40 min	\$65

A stimulating foot and leg buff with a back, neck and shoulder massage combo finished with a nourishing exquisite plant based oil.

Add on back exfoliation for with any treatment 10 minutes \$10.

Manicures and Pedicures

Fingers

File & Shape	\$30
File & Polish	\$45
Full Manicure	\$80

Toes

File & Shape	\$30
File & Polish	\$45
Full Pedicure	\$90

Youngblood Mineral Make-up

Free Four Minute Makeover

Experience up to five Youngblood products for a new look

Make-up Consultation \$55

Special Occasion Make-up \$65

Bridal Packages available by request.



SimplyIndulgent

Simple Skin Therapy

Contact

Phone 06 845 0957
 Email fiona@simplyindulgent.co.nz
 Website www.simplyindulgent.co.nz
 Facebook SimplyIndulgent
 Instagram @simply_indulgent
 Address 33 Lee Road, Taradale

Hours

Tues 9am to 7pm
 Wed 9am to 7:30pm
 Thurs 9am to 6pm
 Fri 10am to 5pm
 Sat 9:30am to 4pm

Feel free to come in 15 minutes early to relax before your appointment.

Cancellation Policy

While we understand life can get in the way the time set aside for your appointment is valuable and can impact other clients. Please give 24 hours' notice for appointments of less than 1 hour, and 48 hours' for appointments of 1 hour or longer - or a 50% cancellation fee may apply. New clients may be asked to pay a deposit for long appointments. Vouchers may be forfeited if appointments are missed.

.....
Book now by visiting our website
www.simplyindulgent.co.nz or on **Facebook**

.....
Simply Indulgent, 33 Lee Road, Taradale

Phone 06 845 0957
.....



Stockists of



BESTOW